

Photo by Sara Levine

PEP-C Quarterly Newsletter - Spring 2017

What to Make This Spring

Personal experience of Rich Simpson "In the last power outage, I realized that I didn't have any candles at all, and I really wanted to have some kind of more general lighting than what my flashlight could provide."

Make Alternative Lighting

A flashlight is great for lighting your path as you walk, or for finding something in a dark closet. But for general life, it can be more pleasant to have ambient light that will light up a whole room. Candles will work, but try these alternatives if you have used up all your candles.



Make an Ambient Light Lamp from a Jug of Water

What you Need

A clean gallon plastic milk or water jug

A headlamp flashlight with a single strap

Directions

Fill the jug with water and tighten the cap. Slip the head strap around the jug, and turn the flashlight inward to face the jug. Turn on the flashlight for a pleasant glow.

How to Make a 45-Day Emergency Candle from a Crisco Can

What you need

48 oz can of Crisco (any size will work, but the large can lasts the longest) A candle wick (A 10" string with a metal base works well with the large can; choose a thicker wick if available.)

A chopstick or long skewer

Directions

Stick the chopstick down the center of the Crisco to make a hole. Place the metal disk at the top of the hole; push it down, guiding the wick through the Crisco. To the bottom. Leave an inch of wick sticking out, and smooth the Crisco around the wick to hold it straight. Light the wick, and you will have a long-lasting candle. Always use caution with this or any open flame.

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More info about Emergency Preparedness at www.PEP-C.org

What to Buy This Spring

Portable Solar Powered Phone/Battery Charger

A portable solar powered phone charger could be an important tool in a long-term power outage. Try the "Matone Portable 10000mAh Solar Battery Charger" phone charger – available for \$18.95 from Amazon, or the TYLT 3,200mAh Portable Cell Phone and Tablet Charger for \$19.95 from Costco, or the Sunbell Solar Lamp & Phone Charger for \$21.83 from Amazon. Be sure to also get whatever cables or connectors are needed for charging your devices.

On-line Training

There are lots of training opportunities in near-by Tacoma, and some classes are given here in our area. But for maximum convenience, consider an online class. FEMA – the Federal Emergency Management Agency - offers online classes suitable for independent study. See a complete list of courses and enrollment details at https://training.fema.gov/is/crslist.aspx

- IS-909: Community Preparedness: Implementing Simple Activities for Everyone presents a model program for community preparedness.
- IS-325: Earthquake Basics: Science, Risk, and Mitigation A 30-minute course presents basic information on earthquake science, risk, & earthquake mitigation.
- <u>IS-394.A: Protecting Your Home or Small Business From Disaster</u> protective measures to secure people, property, & structures against business loss in disasters.
- <u>IS-366.A: Planning for the Needs of Children in Disasters</u> provides guidance for meeting the unique needs of children in a disaster or emergency.
- IS-10.A: Animals in Disasters: Awareness and Preparedness describes how typical hazards affect animals and what can be done to reduce the impact of disasters.

What to Do This Spring

What	When	Where
The 32nd Annual Gig Harbor Health & Safety Expo	9:00AM - 2:30PM	
Free health screenings and safety information	Mar 4	
PEP-C Monthly Meeting*	10:00AM, Wed,	FD #5 HQ Building
Guest Speaker - Col Clayton E Braun, National Guard	Mar 8	
TRAINING - Psychological First Aid	6:00PM - 8:00PM	City Civic Chambers
http://piercecounty.surveyshare.com/s/AYAMWDA	Wed, Mar 8	3510 Grand St.,
		Gig Harbor
PEP-C Monthly Meeting*	10:00AM, Wed,	FD #5 HQ Building
Guest Speaker - Jim Bannon, Agent, Allstate Insurance	Apr 12	
Livable Community Fair	Sat, May 6	Key Peninsula Civic
		Center
PEP-C Monthly Meeting*	10:00 AM, Wed,	FD #5 HQ Building
Guest Speaker – TBD	May 20	

^{*} PEP-C meetings are open to everyone. We meet at 10 a.m. the 2nd Wednesday of every month except Aug. PEP-C meets at: FD #5 HQ Building - 10222 Bujacich Rd N.W. Gig Harbor, WA 98332