



Peninsula Emergency Preparedness Coalition

PEP-C Quarterly Newsletter - Winter

What to Make This Winter

Personal experience of Virginia Guilford “ Once, when we had a big snow storm, I tried to drive home because I didn’t want my family to worry about me. It took me hours, and it was dangerous! I wish I had stayed overnight at work and waited until it was safe to drive home.”

Make an Emergency Kit for Work



Whether it is just a sudden snowstorm that makes driving difficult or a more serious event, like an earthquake or flood - be aware that disasters can strike anytime – and you may need to stay at your workplace for a while. Put together a small emergency kit and keep it at your desk or in your locker.

Find links to checklists for storm preparedness (in English and other languages) here:
<http://takewinterbystorm.org/>

Possible items for your work emergency kit include:

- Flashlight, with extra batteries (or choose a crank-powered flashlight)
- Food supplies (like power bars) in a sealed, vermin-proof container
- Medications (Check with your pharmacist about proper storage and rotation)
- Personal hygiene supplies – toothbrush & toothpaste, mouthwash, soap, etc.
- An emergency charger pack for your cell phone
- Fresh underwear and a t-shirt that you can sleep in
- Cash & coins for vending machines if you have them at your location

Tips

- Coordinate your effort with others in your workplace – items that can be used by the group include a portable radio and first aid supplies.
- If you have space, include a change of clothes and sturdy shoes & warm socks and a towel, and a small fleece blanket & inflatable pillow. You might also include some kind of entertainment – a favorite book, a puzzle, or a deck of cards.
- Consider creating a kit for each of your cars, too. Add booster cables and flares, plus a folding shovel & kitty litter or sand for traction if you get stuck in snow.
- Have your kids help you assemble these kits – they will feel better if you are ever stuck at work or on the road, knowing how prepared you are.

What to Buy This Winter

Emergency Blanket – the Bivvy Sack

If you're forced to spend the unexpected night outdoors, an Emergency Bivvy might offer extra protection when the temperature drops. More than a simple emergency blanket, this is the kind of ultra-light, ultra-warm full protection shelter that professionals rely on. You might consider buying a Bivvy Sack for each family member. Try the SOL emergency bivvy offered by Forge Survival Supplies or Amazon's offer of the "Advanced Medical Kits Emergency Bivvy" – both under \$15.

PEP-C Emergency Preparedness Fair

PEP-C is planning an all-day Emergency Preparedness Fair for Sep 30, 2017. Themes for the fair are:

"Are You Ready for the Big One"

"YOYO"*

The fair will have information booths with representatives from local utilities, medical service providers, and local government agencies, and specialized training classes will be provided for visitors, too. Monthly planning meetings are taking place now, usually right after the PEP-C general meetings, and more volunteers are needed.

*You're On Your Own

PEP-C now on Social Media

PEP-C now will be posting information about our meetings and events on its Facebook and Twitter sites, as well as on our website. Check us out.

- PEP-C on Facebook  fb.me/PEPCGigHarbor
- PEP-C on Twitter  twitter.com/PEPCGigHarbor
- PEP-C Website www.pep-c.org

Also – to get trusted information about emergency situations on your computer or right on your phone, sign up for Pierce County Alert at <http://www.co.pierce.wa.us/ALERT> , or call (253) 798-6595.

What to Do This Winter

| What | When | Where |
|--|---|-----------------------------|
| PC DEM - Make Your Home Earthquake Resistant Free to PCNET, shelters and other CCC-PC volunteers To register, contact Jennifer Hales 253-798-3141 | 6:00 – 8:30 PM Thu, Dec 15 | University Place Library |
| PEP-C Monthly Meeting* | 10:00 AM, Wed, Dec 14 | FD #5 HQ Building |
| PEP-C Monthly Meeting* | 10:00 AM, Wed, Jan 11 | FD #5 HQ Building |
| Beginning Ham Radio Class in Gig Harbor | For time & place, see PEP-C on Facebook | |
| PEP-C Monthly Meeting* | 10:00 AM, Wed, Feb 8 | FD #5 HQ Building |
| | | |
| PEP-C EP Fair | <i>All Day</i> <i>Sep 30, 2017</i> | <i>TBD</i> |

* PEP-C meetings are open to everyone. We meet at 10 a.m. the 2nd Wednesday of every month except August. Meeting location is: FD #5 HQ Building - 10222 Bujacich Road N.W. Gig Harbor, WA 98332